

# Sheering Primary School

## Autumn/Winter School Lunch Menu 2022/23

### Week One



Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and Tomato Pizza (V) Gluten Free option available	Chicken Korma (GF)	Roast Chicken with and gravy (GF)	Spaghetti Bolognese Gluten Free option available	Omega 3 Fish Fingers Gluten Free option available
	Rice Naan Bread	Yorkshire Pudding Roast Potatoes Carrots Broccoli	Garlic Bread	Chips Baked beans or Sweetcorn
Jacket Potato with Cheese, Beans or Tuna Mayo	Cheese, Ham or Tuna Mayo Baguette	Hot Roast Chicken Baguette	Cheese, Ham or Tuna Mayo Baguette	Jacket Potato with Cheese, Beans or Tuna Mayo
Ice Cream	Homemade Cookies	Jelly with Fruit	Strawberry Shortbread	Fruit Crumble and Custard

Available Daily: salad bar, yogurt, fresh milk and water