

Essex County Council

Sheering Church of England
Primary School

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Friday 7th February 2020

**Week 2 Winter Menus
School Clubs**

Dear Parents and Carers,

This week we have been learning about our feelings and how to manage them as we explored the theme of 'Finding Your Brave'. This was part of Children's Mental Health week which was celebrated nationally. It was good to see how the children understood the things that could help improve their own well-being such as taking exercise, getting enough sleep, having a good diet, going outside, talking to others, helping others and celebrating their own talents and achievements. This is something which we will continue to explore throughout the year and across the curriculum. The introduction of the daily sporting challenge, reflection time each day and taking the learning outdoors are 3 ways in which we have changed our curriculum to help support the concentration and mental well-being of our children since the beginning of the school year.

Achievement from Home and School

Home: Tilda and Orla were presented with their Level 3 trampolining certificates and Molly passed her Grade 1 tap and classical ballet exams.

School: The following children have all achieved their **Bronze Athletics** award; Harry, Joshua, Jasper, Mitchell, Tyler, Harriet, Archie, Ruby, Amelie, Danielle, Freya, Sophia, Charlie, Patrick, Tilda, Lucy, Siena and Emily. Tilda, Charlie, Patrick, Ruby, Harriet and Archie were presented with their **Silver Athletics** award. Ruby and Bethany achieved their **Bronze Building Learning** award and Madison, Tilda and Daisy have achieved their **Silver Building Learning Power** award. Our Super Spellers on **Spellzone** are Catherine, Joshua, Harriet, Ruby, Macy, Jena, Amelie, Sophia, Tate, Archie, Harry and Mitchell. Pablo and Jessica received certificates for completing all of the **Phase 3 Letters and Sounds** and Issy was very proud of her **Pen Licence**. Well done children. You are all TERRIFIC!

Happy Book

In the Happy Book this week; Mr Downey thanked Quickbury class for their hard work this week; Tilda thanked the children in Copeland for helping her tidy up and Lola thanked her friends for playing with her.

Roll of Honour

Our Learning Heroes this week: children who have 'found their brave'.

Copeland: Oliver has found his brave by taking a risk with his reading and writing.

Durrington: Amalie has found her brave and has been making valuable contributions to class discussions.

Fitzwalter: Jacob has really been finding his brave by facing his challenges and persevering with them.

Quickbury: Jena has been completely absorbed in her work this week and has been asking for extra challenges.

Well done children. You are all TERRIFIC!

Birthdays

This week we sang the birthday song to Bethany who will be 6 years old next week.

Letters/Parentmail Home

Fitzwalter swimming

Diary Dates

Thursday 13th February: PTFA Valentines Disco

Half term: Monday 17th February-Friday 21st February 2020

Thursday 5th March: World Book Day

Have a lovely weekend,

Mrs Lorna Brittain