

Sheering Primary School

Autumn/Winter School Lunch Menu 2022/23

Week Two



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| Macaroni Cheese (V) Gluten Free option available | Sticky Sausage Gluten Free option available | Roast Gammon with and gravy (GF) | All Day Breakfast Sausage and Bacon Gluten Free option available | Chicken Nuggets Gluten Free option available |
| Garlic Bread | Mashed Potato Peas and Sweetcorn | Yorkshire Pudding Roast Potatoes Carrots Broccoli | Scrambled Eggs Baked Beans Mushrooms Hash Browns | Chips Baked beans or Sweetcorn |
| Jacket Potato with Cheese, Beans or Tuna Mayo | Cheese, Ham or Tuna Mayo Baguette | Hot Roast Gammon Baguette | Sausage or Bacon Baguette | Jacket Potato with Cheese, Beans or Tuna Mayo |
| Ice Cream Sponge Roll | Sponge Traybake | Chocolate Crispy Cakes | Flapjack | Pancakes |

Available Daily: salad bar, yogurt, fresh milk and water

