

Essex County Council

Sheering Church of England
Primary School

The Street, Sheering, Bishop's Stortford, Herts. CM22 7LU

Headteacher: Mrs LJ Brittain

Telephone: 01279 734210

Email: admin@sheering.essex.sch.uk

Website: www.sheering.essex.sch.uk



Attendance: 94.81%

Friday 28th March 2025

Dear Parents,

We have had a lovely week in school rehearsing and performing our Mother's Day songs and poems. I was so proud of each class as they sang their songs and recited their poems from the heart. For the first time since Covid we also had our Mother's Day lunch in school, and it was wonderful to be able to have so many Mums and Grandmas celebrating with us.

Online Safety

We have been concerned recently about the highly inappropriate (sexualised) language that some of our older children have been using in school. After talking to the children, we know that they are learning it from the internet, so this is your half-termly reminder to check the following;

- That there are filters on your child's devices
- To check any online gaming that your child is engaged in especially if they are able to talk to other people
- To make sure that any group chats or social media that they are involved in are used appropriately. Lots of harmful content can be shared on TikTok and Instagram.

Of course, we would recommend that the children do not have access to any of these things. Thank you for your support in this.

My Happy Mind

Over the past two weeks, the children have been learning some really effective techniques to help them regulate their emotions, ready to solve a problem. This 'Happy Breathing' is part of the My Happy Mind programme and would also be useful to use at home. I have added the QR code again for you to download the app and find out more about the Happy Breathing. You will need an authentication code to log in, which for our school is 115099.



Happy Book

In the Happy Book this week: Lisa Horsfall wanted to say a massive 'thank you' to everyone for the Mother's Day service and lunch and I thanked Lenny for stapling the 120 programmes! Thank you, Mrs Turner and Mrs Dartnell for the AWESOME food and cake for our Mother's day lunch.

Achievement from Home and School

Home: Isaac was very proud of himself and his certificate for performing the piano and Mike was eager to tell us about his boxing award which he achieved after his first boxing tournament.

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School: Spelling Shed Superstar is Quickbury class with 28,671,221 points and our **Top 20 Super Spellers** are Amelie, Lyra, Poppy, Mya, Matilda, Tilly, Amalie, Avery, Poppy, Jude, Harry, Sylvia, Isabelle, Edith, Noah, Owen, Isaac, Arthur, Oliver and Patrick. Our **Maths Shed Superstar** is also Quickbury class with 15,729,750 points and our **Top 8 Mathematicians** are Owen, Olivia, Sylvia, Mya, Avery, Isaac, Jude and Patrick. Ruby, Sonny, Aviana, Lacey-Mai, Isaac, Mae, Zac and Max were awarded a **Numbots Certificate** and Logan has achieved **Rock Star Status** with his times tables.

Roll of Honour

Children who have been using the Happy Breathing to help them regulate their emotions or solve a problem.

Copeland: We are pleased that all of Copeland class have been taking part in the daily 'Happy Breathing' and have described their bodies as calm, relaxed, still and quiet.

Durrington: The whole of Durrington class have been training to use Happy Breathing and are using it at other times in the day.

Fitzwalter: Robin has used self-regulation and breathing during times of dysregulation.

Quickbury: Everyone in Quickbury class has been using Happy Breathing to help them regulate when feeling overwhelmed.

Birthdays: This morning, we sang the birthday song to Leia, Lenny, Isaac, Finley and Poppy who will all be celebrating their birthdays in the coming week.

Stars of the Week: My Star of the week is Aaron for persevering with school this week and for working hard.

Letters/Parentmail Home:

Mother's Day lunch

PTFA Mother's Day gift shop

Dates

Please note these dates are subject to change if necessary.

Monday 7th April -Monday 21st April: Easter holiday

Tuesday 22nd April: Summer Term begins

Thursday 8th May: VE celebration garden party with parents and grandparents

Have a good weekend.

Mrs Lorna Brittain

Headteacher